2018 News Submissions

RE-COUNTING MY EXPERIENCE AS AN SLDI ALUMNAE by Sr. Clare Abisola Adelakun, DHS, Nigeria, (1/30/2018)

Alumnae participants commends ASEC and Sponsors and by Sr. Julie Zulu, Zambia, (2/2/2018)

Making liquid Soap Excited the Sisters by Sr. Mary Germina Keneema, Uganda, (2/3/2018)

ASEC Site Visit to Makunka Rural Health Centre by Sr. Julie Zulu, Zambia, (2/7/2018)


HONESTY PAYS: BE HONEST LIKE CHILDREN by Sr. Sarah Egbai, SHCJ, Nigeria, (2/8/2018)


The innovative skills acquired helped me finish the projects by Sr. Asperanza Bahati Massawe, CDNK, Zambia, (2/15/2018)

My Journey at CARA by Sr. Florence Emumayeveya, EHJ, Nigeria, (2/16/2018)

NCWR Abuja area observe a day of prayer for national unity by Sr. Joy Ibegbulam, Nigeria, (2/19/2018)

She Touched the Heart of God: A Reflection on the Hemorraged Woman by Virginia Shuaibu, Nigeria, (2/21/2018)

The role of the Consecrated men and women in Tanzania by SR. MARIA TELESPHORA UMUSUBI, COLU, Tanzania, (2/22/2018)

LENTEN MEDITATION by Sr. Ebelechi Muodieze IHM, Nigeria, (2/23/2018)

After learning finance I resolved not to fear auditors by Sr. Lizzy Mbobola (OP), Zambia, (3/2/2018)

Financial management a life skill that can be applied any where at a given time by Sr. Cecilia Nachizuka Nakambo, Zambia, (3/13/2018)

BEING and DOING by Sr. Elizabeth Babalola, DHS, Nigeria, (3/13/2018)

GOD IS GOOD ALL THE TIME by SR. M. MATILDA J. MRINA, Tanzania, (3/15/2018)
ASEC Renews Partnership with CUEA by Mackenzie MacNeal, USA, (3/19/2018)

Planting a successful future by Sr. Clementina Phiri, Zambia, (3/20/2018)

The skills i acquired have helped me in my work by Sr. Priscilla Mwanza, Zambia, (3/21/2018)

Seven HESA students awarded Degrees in Business Administration and Management by Sr Mary Germina Keneema, Uganda, (3/28/2018)


Between Denial and Betrayal by Sr. Elizabeth Babalola, DHS, Nigeria, (4/2/2018)


Radio by Sr. Veronica Nyibeh (SLDI Alumnae), Cameroon, (4/12/2018)

The joy of being SLDI Alumnae by Sr. Virgilia Zama, Cameroon, (4/12/2018)

My journey of Transformation in SLDI by Sr. Virgilia Zama, Cameroon, (4/12/2018)

SLDI Training Yielding Abundant Fruits Wherever I Pass by Sr. Vera Ndifoin, SST, Cameroon, (4/12/2018)

A place to call home: Sharing the Pain of Displaced Persons by Sr. Veronica Dinla (SLDI Alumna and member Displaced persons struggling to collect supplies from the sisters of the social commission), Cameroon, (4/12/2018)

Leaving footprints as I tread the path of life by Sr. Vera Ndifoin, SST, Cameroon, (4/12/2018)


Service Learning participants prepare for volunteer experience in Nairobi, Kenya by Amy Fedele, USA, (4/13/2018)

TWENTY ASEC TWO YEAR BIGWA SCHOLARSHIP STUDENTS GRADUATE AT BIGWA SISTERSá SEMINARY - MOROGORO by Sr. Maria Telesphora, COLU, Tanzania, (4/17/2018)

Primary school students planting trees in Africa by Sr. Bertha Chigowani, Malawi, (4/30/2018)
HEARTFELT APPRECIATION by Sr. Inviolata Kimathy, CB, Tanzania, (5/1/2018)

SISTERS SUSTAIN CONGREGATION THROUG ENGAGEMENT IN VARIOUS ACTIVITIES by Sr. Maria Telesphora Umusubi, COLU, Tanzania, (5/1/2018)

ASEC-Warm Heart of African Sisters by Sr. Grace Katumbi, Malawi, (5/1/2018)

My personal experience by Sr. Maudy Mudumha, Malawi, (5/2/2018)

Malaria a leading cause of death in Africa (Malawi) by Sr. Grace Akpan (MMM), Malawi, (5/4/2018)

Organic Farming by Sr. Veronica Nyambe (Handmaid Sisters), Zambia, (5/7/2018)

BIGWA SISTERS SEMINARY CELEBRATE GOLDEN JUBILEE WITH GREAT SUCCESS by LUSR. MARIA TELEPHORA UMUSUBI, (COLU), Tanzania, (5/12/2018)

Saving the world through Health and Wellness by Mackenzie MacNeal, USA, (5/14/2018)

LIVING IN HARMONY WITH CREATION by Sr. Vera Ndifoin SST, SLID-Finance Track 1, Cameroon, (5/16/2018)

The fall outs of the SLID Trainings by Sr. Vera Ndifoin, Cameroon, (5/16/2018)

Recycling An Economic Activity by Sr. Yvette Sam (SUSC), Cameroon, (5/16/2018)

International day of Families by Sr. Vera Ndifoin, SST, Cameroon, (5/16/2018)

CULTURAL DIVERSITY: A HIDDEN PEARL by Sr. Vera Ndifoin, SST, Cameroon, (5/16/2018)

INTERNATIONAL DAY OF THE FAMILIES by Sr. Euphemia Beri, Cameroon, (5/16/2018)

Malawi SLID participants felt both inspired and challenged by Sr. Teresa Mulenga, Malawi, (8/3/2018)

THE CONCEPT OF RIGHT by Sr. Joyce Baabereyir, HHCJ ALUMNI, GHANA, Ghana, (5/20/2018)

NIGERIA HAS NO BUSINESS WITH POVERTY by SR CLEMENTINA OBEMBE, OSF, Nigeria, (5/22/2018)

Chipapa Development program by SLID Group 1, Zambia, (5/24/2018)

WASHING EACH OTHERâS FEET by Sr. Elizabeth Babalola, DHS, Nigeria, (6/10/2018)

CLIMATE CHANGE by Sr. Elizabeth Babalola, DHS, Nigeria, (6/10/2018)
THE ROLE OF MICROFINANCE by Sr. Elizabeth Babalola, DHS, Nigeria, (6/10/2018)

"INDIGENOUS EDUCATION AS AN INSTRUMENT FOR PROMOTING NATIONAL UNITY AMONG NIGERIANS" by Sr. Elizabeth Babalola, DHS, Nigeria, (6/10/2018)

DEVELOPMENT WORK AND ECONOMIC EMPOWERMENT OF VULNERABLE HOUSEHOLDS by Sr. Veronica Chibuzor Illoh, SJGS, Nigeria, (6/10/2018)


Quality Education for Africa: Sustainable Development Goal 4 by Mackenzie MacNeal, USA, (6/12/2018)

From Sister Leadership Development Initiative to HESA by Matha Chiamaka Ugwu, Kenya, (6/28/2018)


ASEC-SLDI June 2018 Administration track made a field trip to One Village Farm, by Sr.kelechi .G.ohalete, Nigeria, (6/29/2018)

HESA Reflective Learning workshop fills the gap in students, by Sr. Teresa Mulenga, Malawi, (7/3/2018)


Rural structures embracing sustainable organic garden and farming by Sr. Judith Mwango, Zambia, (7/6/2018)

Impossibility can be a possibility for opportunity by Sr. Namasiku Mutonga SLDI Finance I, Zambia, (7/6/2018)

Installation of the solar power back up system for medical center by Sr. Stella Ovientaoba, MMM (SLDI Alumna), Malawi, (7/12/2018)

Learning skills through SLDI workshop to improve my work by Sr. Junicia Mosifa, SCIM (SLDI Alumna 2016-2018), Lesotho, (7/16/2018)

Words of gratitude articulated from Lesotho sisters who completed their SLDI program by Sr. Eugenia Leteketa S.C.O, Lesotho, (7/16/2018)
Young people at the service of God for life by Dorice Tembo (SLDI), Malawi, (7/16/2018)
fear of going back to school by Sr. Roseline Nwankaego Odunze, DHS, Nigeria, (7/18/2018)
Words of gratitude articulated from Lesotho sisters who completed their SLDI program by Sr. Eugenia Leteketa, Lesotho, (7/19/2018)
Faith and Development: A Celebration of ARU at 50 by Sr. Draru Mary Cecilia, LSMIG, Ph.D., USA, (7/26/2018)
ASEC HAS EMPOWERED FOR LIFE by Sr. Faustina Khaoya, Uganda, (7/26/2018)
3rd Visiting Scholar arrives at CARA for research fellowship by Amy Fedele, USA, (8/1/2018)
Blossom where you are planted by Sr. Emmanuela Chioma Okafor, O.P., Nigeria, (7/31/2018)
MOTHERSâ€”LAMENT IN SOUTH AND NORTH WEST REGIONS OF CAMEROON by Sr. MBOM MaryCleophas AFUMBOM Holy Union Sisters, Cameroon, (8/2/2018)
Teresian sisters ASEC Alumnae project attracts congregation attention by Sr. Teresa Mulenga, Malawi, (8/7/2018)
ASEC Skills helped me win donor confidence by Sr. Teresa Mulenga, Malawi, (8/7/2018)
Young Generation Live with Hope by Sr. Sonia Quintino, Malawi, (8/9/2018)
Innovation for a better Living by Sr. Jane chitete, Malawi, (8/20/2018)
Celebrating life with the mentally challenged persons by Sr. Bernadette Zulu (8/20/2018)
Successful Story by Sr. Lucy Chemutai Yego, South Sudan, (8/28/2018)
My Successful Story by Sr. Florence Drijaru, South Sudan, (8/28/2018)
Financing the Future Generation in South Sudan by Sr. Agnes Manzeda, South Sudan, (8/28/2018)
Yung Mothers by Sr. Oliva Namono Manana, South Sudan, (8/28/2018)
Formation Workshop in Nigeria by Sr. Elsa Solas, cm, Nigeria, (9/4/2018)
My Appreciation - My Joyful Experience - Success Story of JKO by Juliana Kemi Osiyemi, Nigeria, (9/7/2018)

We appreciate ASEC by Sr. Margaret Wamae, Kenya, (9/7/2018)


ASEC/SLDI graduate ninety-five Religious women in Nigeria by Sr. Chidalu Ohalete, Nigeria, (9/7/2018)

Hail Mother ASEC by Sr. Joyce Kariuki, Kenya, (9/10/2018)


Field Trip by Sr. Veronica Daniel, South Sudan, (9/11/2018)

Appreciation by Sr. Juliana Khaisia, Kenya, (9/12/2018)

A Moment to Cherish by Sr. Margaret Wamae, Kenya, (9/12/2018)


Skills obtained during technology and administration course have produced fruits that will last by Sr. Prema Antony Admin I, Zambia, (9/13/2018)

OUR VISIT TO ONE VILLAGE FARM by Sr. Sim Bridget Shekarah(SSL), Nigeria, (9/15/2018)

On Excellence by Sr. Irene Kwena, Kenya, (9/18/2018)

Thank you by Sr. Irene Kwena, Kenya, (9/18/2018)

KENYA SLDI BENEFICIARY APPRECIATION by Sr. Mary Philip, Kenya, (9/18/2018)

APPRECIATION TO HILTON FOUNDATION OUR DONOR by Sr. Angelina Ngewa, Kenya, (9/20/2018)

Improvements after being helped by Sr. Theresia Noko, Lesotho, (9/21/2018)

The positive power of ability and passion! by Sr. Caroline Acha Sisters of St. Therese and SLDI Admin Alumnae, Cameroon, (9/21/2018)


ZAS Diamond Jubilee by Juliana Chibaula Zulu, Zambia, (9/21/2018)

What would have happened to me by Sr. Francisca Yovo, Kenya, (10/1/2018)

Gratitude without Measure by Sr. Uche Charity Onyekonwu, Nigeria, (10/1/2018)

HESA Thanks Poem by Sr. Agatha Mumbi, Kenya, (10/1/2018)

The power of giving back to the Community by Joseph Odhiambo Okello, Kenya, (10/2/2018)

A Dedication to HESA in Gratitude by Sr. Fridah Kainyu Miriti, Kenya, (10/2/2018)

My Heartfelt Appreciation to ASEC by Sr. Tabitha Akello Odero, Kenya, (10/4/2018)


What I am today was determined by ASEC by Sr. Linda Kiven, Kenya, (10/9/2018)

A lift in my life by Sr. Agnes Anatory, Tanzania, (10/9/2018)

Wonderful to Acknowledge by Sr. Roseline Ikanda, Kenya, (10/9/2018)

Appreciation to Mother ASEC by Francisca Unekwuojio Igoche, Nigeria, (10/9/2018)

MY GRATITUDE TO ASEC FOR THEIR GOOD HEART by Sr. Jenifer Mutio, Kenya, (10/9/2018)

LONG LIVE ASEC, LONG LIVE HILTON FOUNDATION by Sr. Edel Quinn, Kenya, (10/9/2018)

Appreciation by Sr. Emily Adhiambo, Kenya, (10/10/2018)

MY EXPERIENCE DURING AND AFTER 3 AND HALF YEARS IN THE INSTITUTE OF CATECHETICS AND PASTORAL MINISTRY by Sr. GAUDENSIA KICONCO, Uganda, (10/10/2018)

ASEC our Mother by Sr Henrietta Aniazoba, Nigeria, (10/10/2018)

MY EXPERIENCE AS A HESA STUDENT by Sr. Maria Josephine Anicia, Uganda, (10/10/2018)
My Learning Experience at Tangaza University College as HESA Student by Sr. Mary Anyango Owuoth, Kenya, (10/10/2018)

Thank you ASEC for thinking about Sisters in Africa by Sr. Monica Karinge, Kenya, (10/10/2018)

The Usefulness of my Study to my Present Apostolate by Sr. Chinyere Veronica Okpara, Nigeria, (10/10/2018)


MMM COMMUNITY IN TORUGBENE, BOMADI DIOCESE BAYELSA STATE, NIGERIA by Sr. Clementina Obembe, OSF, Nigeria, (10/14/2018)

How the skills that I have acquired is helping me by Sr. Teresa Chepchoge, Kenya, (10/15/2018)

THE EFFECTIVENESS OF THE ONLINE PROGRAMS FOR HESA SISTERS IN KENYA by Christopher Njoroge Mwaura, Kenya, (10/15/2018)

It seeks to empower different stakeholders on social cultural issues to enable them engage in Justice and Peace, human rights, equity and participatory leadership by Sr. Hannah Muiruri, Kenya, (10/15/2018)

ASEC A TOOL OF TRANSFORMATION THROUGH PHILOSOPHY by Sr. Margaret Wamae, Kenya, (10/15/2018)


Gratitude to ASEC by Sr. Lucy Katuku Titus, Kenya, (10/15/2018)

Sisters Awarded Certificates in finance and Administration by Sr Teresa Mulenga, Malawi, (10/23/2018)

The Impact of SLDI skills towards establishment of Holy Family Pre and Primary School by SR. MARY JOSEPH, NSA, Tanzania, (10/29/2018)

EDUCATION IF A MAGIC FOR SUCCESS by SR. FELISTA MKULIA, OLHC, Tanzania, (10/29/2018)
TIPS FOR SUCCESS IS THE COMBINATION OF EDUCATION AND HARD WORK by SR. SUZAN BENEDICT, SCC (ALUMNA), Tanzania, (10/30/2018)


Gratitude without measure by Sr. Charity Uche, Kenya, (11/5/2018)


ASEC our Mother by Sr. Henrietta Aniazoba, Kenya, (11/5/2018)


The Usefulness of my Study to my Present Apostolate by Sr. Veronica Chinyere, Kenya, (11/5/2018)


HOW GOOD IT IS TO BE A HESA STUDENT by Sr. Caroline Omondi, Kenya, (11/5/2018)

What mentoring can do by Sr. Lidia Awuor Ondong, Kenya, (11/5/2018)

Appreciation to Mother ASEC by Sr. Francisca Unekwuojio Igoche, Kenya, (11/8/2018)

WHAT RETURNS TO YAHWEH CAN I MAKE by Sr. Pauline Wanyoike, Kenya, (11/8/2018)

APPRECIATION FOR THE CHANCE GIVEN by Sr. Janet Achieng Ombima, Kenya, (APPRECIATION FOR THE CHANCE GIVEN)

HESA Students, we are because ASEC you are by Sr. Catherine Mulee, Kenya, (11/8/2018)


HESA ALUMNI DOCUMENTARY by Sr. Esther Wairimu Mwangi, Kenya, (11/14/2018)


Fundraising for the classroom block by Sr Clementina Phiri, Zambia, (11/19/2018)
One hundred and five Women Religious of ASEC programs graduate in Uganda by Sr Mary Germina Keneema, Uganda, (11/20/2018)

Association of Religious in Uganda celebrates 50 years by Sr Mary Germina Keneema, Uganda, (11/20/2018)

Fighting for social justice and the well-being of African children in poverty Two young girls that became adults at an early age after being abandoned by their father by Sr. Matilda Komiwe Banda, SLDI Alumna Administration Track, Zambia, (11/22/2018)

ASEC âSLDI has empowered me to serve by Sr Georgia Kyenda MSMM, Uganda, (11/24/2018)

APPRECIATION FOR THE GREAT SUPPORT RECEIVED by Sr. Elizabeth Onoja, Kenya, (11/26/2018)

Thank you ASEC- SLDI for enabling me by Sr. Ghislaine Kayindo, Uganda, (12/15/2018)

Ugandan Sisters takes high gear on Advocacy by Sr Lilly Driciru, SLDI Participant, Uganda, (12/27/2018)