

HESA 2017 Country Report

Kenya

Partners: The Catholic University of Eastern Africa (CUEA), Chemchemi Ya Uzima Institute, Tangaza University College (TUC), Marywood University
Cohorts: 1C1, 1C2, 1C3, 1C4, 1C5, 1C6, 4C1, 4C2, 4C3, 4C4, 4C5, 4C1MA, 5C1, 5C2, 5C3, 5C4, 5C1MA, 5C2MA, 7C1, 7C2, 7C3, 7C4, 9C2, 9C3, 13C1, 13C2

Enrollment Overview

Total Sisters Served	345
Currently Enrolled	253
Graduates	87
Withdrawals	5
Deferments	4
SLDI Alums	85
ASEC Scholarship Alums	4
Total Congregations Served	103

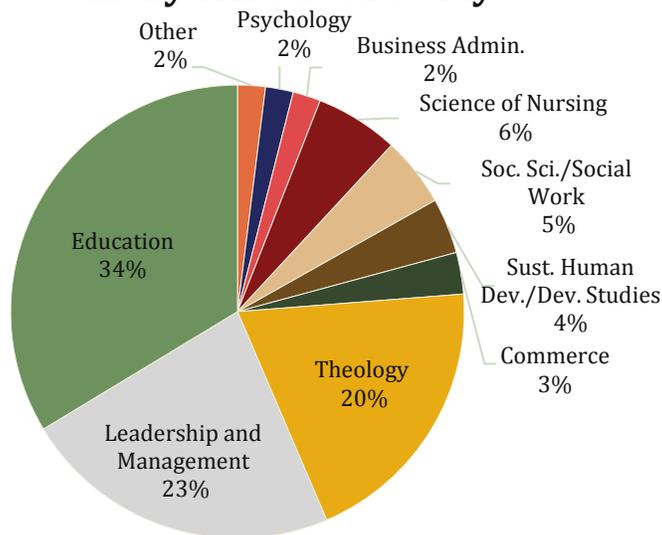
	Orientation Workshop	Mean	SD
Online	The course content was related back to practical situations.	3.9	.22
	The environment was favorable for learning.	3.8	.51
	The amount of time spent on each lesson was appropriate for learning a new skill.	3.8	.36
	The course content met my expectations.	3.8	.39
	It was easy to attend the Orientation sessions.	3.7	.46
Onsite	The amount of time spent on each topic was appropriate for learning a new skill.	3.7	.50
	The environment was favorable for learning.	3.8	.32
	The Orientation met my expectations.	3.8	.38
	I have a better understanding of my role and responsibilities as a HESA student.	3.9	.28
	Reflective Learning Workshop	Mean	SD
It was easy to attend the Reflective Learning Workshop.	3.8	.30	
The open discussion related to the program allowed me to express my concerns.	3.7	.43	
The workshop content met my expectations.	3.7	.44	

Levels & Models of Study

Certificate	2
Diploma	81
Bachelors	211
Masters	51
Model A (Online/Onsite)	86
Model B (Onsite)	259

End of HESA Experience	Mean	SD
I gained specific skills from participating in the HESA program that I would otherwise have not achieved.	3.8	.50
I feel participating in HESA made me a better student.	3.7	.49
I felt more confident as a result of participating in the HESA program.	3.8	.33
I felt supported and encouraged to continue the program by the ASEC/HESA staff	3.4	.77

Kenya Areas of Study



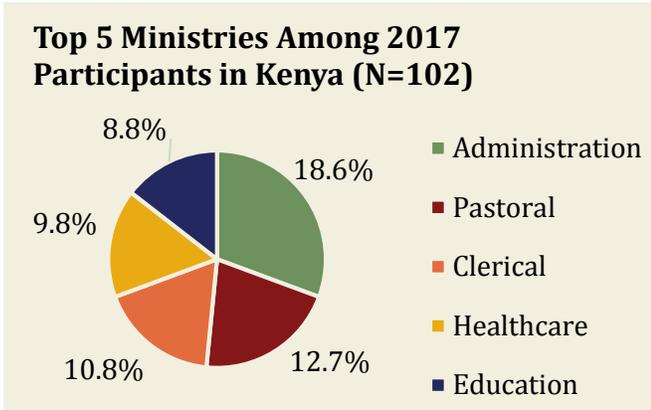
*Data from sisters enrolled in ASEC partner institutions in Kenya

SLDI 2017 Country Report

Kenya

Participant Overview

Phase I-III Participants (2007-15)	284
Phase IV Participants (2016-17)	61
Total Sisters Served Through SLDI Alone (2007-16)	345
Superior Workshop Participants (2016)	118
Total Sisters & Superiors Served to Date	463
Total Congregations Served	109



Participant Workshop Survey	Admin Track Mean	SD	Finance Track Mean	SD
Session objectives were clearly stated on the first day of the session	3.93	0.252	3.96	0.198
The instructor's presentations were clear and understandable	3.82	0.390	3.86	0.351
The instructor related course content to practical situations	3.88	0.324	3.92	0.274
The instructional strategies were favorable for learning	3.90	0.303	3.94	0.240
The amount of time spent on each lesson was appropriate for learning a new skill	3.52	0.567	3.40	0.700
The discussions were relevant to the session content	3.95	0.300	3.98	0.141
The assignments related to the session content	3.98	0.130	3.98	0.141
The course content met my expectations	3.93	0.252	3.90	0.303
Materials were provided to supplement the lectures	3.92	0.281	3.84	0.373
There were sufficient resources provided (books, reading materials, web-based materials, etc.)	3.68	0.504	3.74	0.487
The laptop provided was satisfactory for the tasks that needed to be performed	4.00	0.000	4.00	0.000
The classroom environment was favorable for learning	3.97	0.181	3.94	0.240
Engagement with other students was helpful for learning	4.00	0.000	4.00	0.000

Alumnae 2017 Country Report

Kenya

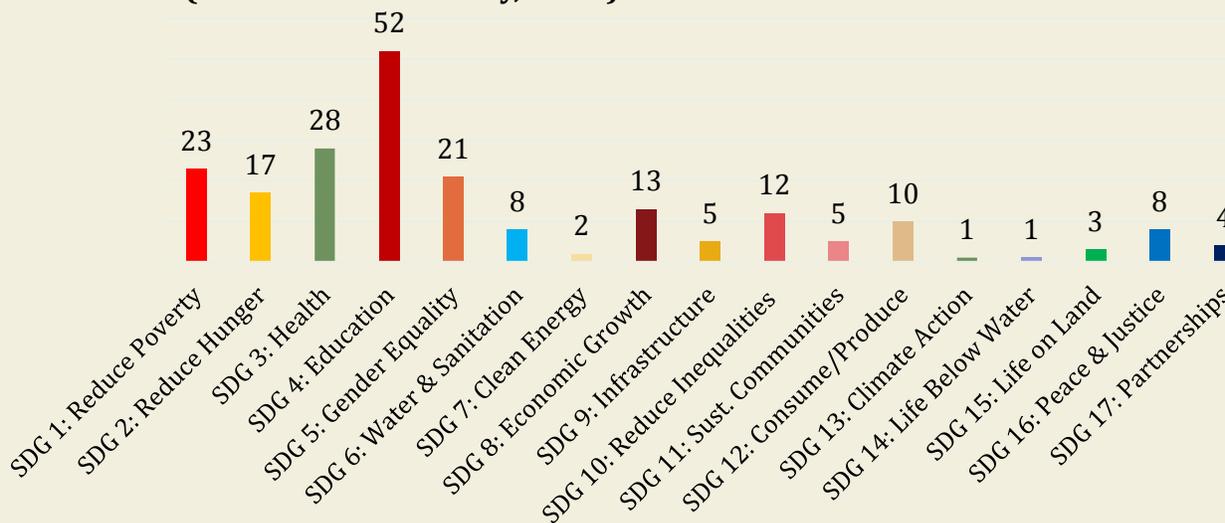
Personal & Professional Growth	
Positively Changed Perception of Self (n=78)	97.4%
Positively Changed Relationships (n=73)	94.5%

Grant-Writing & Resource Mobilization	
Total Funds Secured: \$3,969,916 (Highest amount of all 10 ASEC countries)	
Wrote Grants Before SLDI/HESA (n=74)	36.5%
Wrote Grants After SLDI/HESA (n=73)	80.8%
Grants Successful Before SLDI (21 out of 55)	38%
Grants Successful After SLDI (83 out of 169)	49%
Act as a Resource Person on Grants (n=72)	54.2%
Improved Fundraising Ability (n=73)	87.7%
Improved Resource Mobilization Ability (n=72)	54.2%
Improved Project Sustainability Ability (n=68)	92.6%

Leadership Achievements	
Received a Promotion (n=74)	73%
Increased Income (n=69)	46.4%
Created a Strategic Plan (n=75)	34.7%
Crated a Financial Plan (n=72)	37.5%
Mentoring Others (n=73)	91.8%

Collaborative Partners (N=79)	Percentage of Alumnae Engaging in Collaboration
Fellow Sisters	26.6%
Government	13.9%
NGOs	19%
Foundations	21.5%
Local Groups	13.9%
Diocese	24.1%

How are Alumnae in Kenya Contributing to the SDGs in Their Ministries? (2017 Alumnae Survey, N=80)



Alumnae can select up to 3 goals they work towards in their ministries

Success Stories 2017 Country Report

Kenya

Sr. Consolata Aloo, SLDI Phase I, Administration track
Franciscan Sisters of St. Anna

Total
Funding
Secured:
\$748,000

Grant-Writing Achievements

- Since 2011, Sr. Consolata has successfully obtained grant funds and/or donations from 9 sources, including MissionZentrale der Franziskaner, Missio, Church in Need, Mensen Met een Missie, Serra International, the Catholic Scholarship Program, Hilton Fund for Sisters, Terre des Hommes, and anonymous donors. The funds raised addressed urgent needs in: local hospitals, schools, orphanages, homes for individuals with disabilities, and also helped fund her fellow sisters' education. She also secured funds for education, infrastructure, health equipment, sanitation & clean water, nutrition & feeding programs, farming, dental care, and formation. In a report submitted to ASEC, she successfully secured 60 grants and donations since 2011, and more before that time.
- In 2012 Sr. Consolata was asked by her Superior to lead resource mobilization for the Province. She was working as a Finance Administrator and was in school part-time so she and four other sisters formed a resource committee. The committee works collaboratively and Sr. Consolata shares her grant-writing knowledge with the committee members as they write grants together. Interestingly, these sisters had no prior grant-writing knowledge before working with Sr. Consolata.

Sr. Wilfrida Adero (and her mentee, Sr. Mary Wambui), SLDI Phase I, Administration track
Evangelizing Sisters of Mary

Mentoring Achievements

- Sr. Wilfrida mentored Sr. Mary who is now In-Charge of an HIV/AIDS project in their congregation. Sr. Mary then mentored her staff at the project, and continues to do so. The HIV/AIDS project receives funding from USAID to implement a holistic project addressing HIV/AIDS in the local areas, including 4 slum areas. Served approximately 3000 orphaned & vulnerable children to date. The project assists in HIV prevention & treatment, feeding, educational needs, parenting skills, preventing and responding to child abuse, and fostering economic sustainability
- After receiving her own mentoring, Sr. Mary mentored her staff in several skill areas such as time management, delegation, working independently, stakeholder mapping, collaboration, and more. In interviews conducted by ASEC staff, the staff at the HIV/AIDS project testified to the usefulness of the skills they learned and how they put the skills into practice to enhance their effectiveness.

Sr. Mary Mwangi, SLDI Phase II, Administration track
 Sisters of Mary Immaculate of Nyeri

Grant-Writing Achievements

- Loyola Foundation, \$9,494
Construction of 12 pit latrines
- Safaricom Foundation, \$1146
Girls Sanitation Materials and Books
- Hilton Fund for Sisters, \$11,628
Bishop Perlo Girls School Classroom Construction. The school educates girls rescued from female genital mutilation and early forced marriages.



Sr. Ludovena Anyango Onyino, SLDI Phase I, Project Management track
 Franciscan Sisters of St. Anna

Grant-Writing Achievements

- Kenyan government -National Council for Persons with Disabilities of Kenya, \$19,694
St. Martin de Pores Primary School classroom construction. The school educates and rehabilitates children with cerebral palsy
- National Fund for the Disabled of Kenya, \$12,063; International Partner in Mission and Missionary Movement, \$2,900; and Kenya Commercial Bank, \$905
All funds benefitted the Nyabondo Center for the Disabled: \$12,063 was used for classroom construction, \$2,900 was used for a feeding program and to purchase of medications for rehabilitation, and \$905 was used to purchase tables and chairs for the school
- Missionary Movement in Malta, \$19,380
St. Georges Special School classroom construction
- Sticing Bando Kids, \$1800
Feeding program for impoverished children



Sr. Margaret Wangeci Mwaura, SLDI Phase I, Finance track
 Little Sisters of St. Francis

Grant-Writing Achievements

- Missionzentrale, \$84,880 & \$11,971
 \$84,880 grant for an ultrasound machine and \$11,971 grant for a theatre table and dental chair. Both grants benefitted the St. Francis Hospital
- Conrad N. Hilton Fund for Sisters, \$10,702
 Washing machine for the St. Francis Hospital
- Conrad N. Hilton Fund for Sisters, \$25,056 & Local donations in amount of \$493
 To help establish a bottled water income generating project at the Ukweli Home of Hope, which is a home for boys who formerly lived on the streets in slum areas. The water project is now functioning and sells water locally to support the home for boys.
- Fundraising through community of friends, \$24,225
 Older Sisters & Lay Elderly Project to support people as they age



Sr. Jacinta M. Mwangangi, SLDI Phase I, Administration track
 Missionary Benedictine Sisters

Grant-Writing Achievements

- Japan Embassy in Kenya, \$92,747
 Construction of medical theatre and purchase of medical equipment including an x-ray machine and ultrasound machine. Converted a health clinic into a hospital. Bring health services to the nearly one million residents in the remote area in the Eldoret diocese, Rift Valley province.
- Community Agricultural Development Project in Semi-Arid Lands (CADSAL), \$6,031
 Renovation of x-ray room and purchase of x-ray supplies
- East Africa Ambulance Foundation, \$32,500
 Purchase of health center ambulance to run a mobile clinic for immunizations and transport drugs and medical supplies up to 140 km away



Sr. Lucy Kanjira, SLDI Phase I, Project Director track
 Good Shepherd Sisters

Grant-Writing Achievements

- Chalice Canada, \$50,000
 To support ministry projects including funding orphans' secondary education, a group for the elderly to cope with aging and to engage in income generating activities, and a microfinance and economic empowerment group
- Friends of the Good Shepherd, \$12,000
 Fund children's education
- Christian Child Care International, \$89,890
 Education for children, staff development and community development within ministry projects
- Good Shepherd-mission development \$15,000
 Funding for 50 girls to attend secondary school
- Local Fundraising: Parent fundraiser, \$944 and Children's fundraiser, \$674
 Support ministry projects



Sr. Josephine Kwenga Muthoni, SLDI Phase III, Administration track
 Sister of St. Joseph of Tarbes

Grant-Writing Achievements

- Mensen Met een Missie, \$12,832; In-Kind donations, \$4281 and Local donations, \$987
 Sr. Josephine received grant funds and donations to implement a small project that seeks to empower poor women in a slum in Nairobi and in a rural area in Mwala-Machakos County. The project is run through the AOSK Association of Sisterhoods in Kenya (AOSK) Justice & Peace Commission (JPC) office.
 Through the project Sr. Josephine empowers women via economic capacity building activities like bead work, crocheting, sustainable farming of drought resistant fruits trees, and chicken rearing. The women also engage in peace building initiatives using tools like peace circles to influence individual families and communities to reduce cases of domestic/ethnic violence.
 The project also focuses on the gender empowerment of marginalized women including individuals living in extreme poverty and living with HIV/AIDS (infected or affected). Collaborated with Catholic Diocese of Nakuni in implementing her project.



- *Additional Leadership Achievements*

Was appointed as a member of provincial council
 Helped develop a strategic plan for her place of work (AOSK)

Sr. Ann Kamene Musyoka, HESA Phase I, Catholic University of Eastern Africa
 Assumption Sisters of Nairobi

Academic & Resource Mobilization Achievements

- Bachelor of Arts in Development Studies (May 27,
- Upon completion of the HESA program, was promoted to Program Coordinator of the Limuru Cheshire Home for Girls.
- MIVA, \$25,341 to provide transportation for girls with disabilities living in Cheshire Home
- \$2,066 from fundraising and \$4386 in donations to support the Cheshire Home



Sr. Marie Therese Fernando, HESA Phase I, Marywood University/Catholic University of Eastern Africa
 Sisters of the Holy Angels

Academic Achievements

- Bachelor of Arts in Development Studies (October 28, 2016)
- Reported improved confidence, increased finance knowledge and project writing ability after completion of the HESA program.
- Upon completion of the HESA program, received a promotion to community leader and became a counselor within her congregation. Also reported feeling more confident in public speaking and finance management. Sr. Marie is currently working on fundraising and starting an income generating project for her congregation.

Sr. Lydia Wachira, HESA Phase I, Catholic University of Eastern Africa
 Nazareth Sisters of Annunciation

Academic Achievements

- Bachelor of Arts in Development Studies (October 28, 2016)
- Sr. Lydia is currently on the congregational projects committee and the congregation zonal leadership team, where she utilizes the skills she gained from HESA to collaborate with others and prepare financial plans.

Sr. Bibiana Shilwatso, HESA Phase I, Tangaza University College
Franciscan Sisters of St. Joseph

Academic Achievements

- Diploma in Leadership and Resource Management (December 2014)
- Sr. Bibiana is currently an administrative assistant and is a member of the regional finance development committee. She reports that HESA has broadened her skills and increased her abilities in organizational management.

Sr. Esther Mwangi, HESA Phase I, Aga Khan University
Little Sisters of St. Francis

Academic Achievements

- Bachelors of Science in Nursing (February 10, 2016)
- Sr. Esther reports that participating in HESA has increased her ability to collaborate with others. She reports currently working on gathering funding for a congregational project and using the skills she acquired to initiate innovative and sustainable projects.

Sr. Margaret Kaleli, HESA Phase I, Tangaza University College
Sisters of St. Joseph Benedict Cottolengo

Academic Achievements

- Diploma in Leadership and Resource Management (December 2014)
- Sr. Margaret reports utilizing the skills and knowledge she gained from the HESA program to better her ministry. She is currently a self-help group coordinator and is in the process of writing grants to fund her projects.

Sr. Ruth Makonge, HESA Phase I, Tangaza University College
Missionary Congregation of the Evangelizing Sisters of Mary

Academic Achievements

- Diploma in Leadership and Resource Management (December 2015)
- Local congregation superior and secondary school administrator for a congregation-owned school
- Reported using the skills she gained from the HESA program to create strategic plans, mobilize resources and mentor others.
- "HESA program was a real good fit for me because it was what I desired to pursue in life and therefore my long awaited dream has come true."

Sr. Anisia Kitaka, HESA Phase I, Marywood University/HESA Phase I, Catholic University
of Eastern Africa
Little Sisters of St. Francis

Academic Achievements

- Bachelors of Arts in Education (October 28, 2016)
- Sr. Anisia reports using the skills she gained from HESA to increase congregation personnel and procure higher student enrollment at the congregation's school, where she holds a leadership position.

Sr. Petronilla Kyomugisha, HESA Phase I, Marywood University/Catholic University of Eastern Africa
Missionary Sisters of Mary Mother of Church

Academic Achievements

- Bachelors of Arts in Education (October 2, 2015)
- Head teacher at a girls secondary school established by her congregation in February 2015
- "I got opportunity to interact with people from different African countries, West, Central and East Africa. I was able to share experiences with students with different age i.e. both young and old. It also helped me to improve on my leadership skills as I happened to become the chairperson of 60 sisters from different nationalities."